

## TWELVE EASY STEPS TO BRING A GSR SCHOOL TO YOUR DISTRICT

- 1. Introduce the idea of hosting a GSR School to the GSRs in your District.**  
Have a thorough discussion and then take a vote. Ideally your GSRs will vote in the affirmative by 'substantial unanimity.'
- 2. Discuss the idea of hosting other workshops and/or activities in conjunction with the GSR School.**  
Your discussions may include combining the GSR School with a presentation by one or more service committees, a 'home group' workshop, a potluck, a panel on sponsorship or the 7<sup>th</sup> Tradition, etc. Consider anything that will draw local members to the event.
- 3. Select a location and possible dates for the GSR School.**  
Discuss a range of dates that will work for most of the members and find available locations. Check the Area's website as well as District and Intergroup websites in and around your District to avoid conflicting activities.
- 4. Contact Your Alternate Delegate.**  
Email ([delegate-alt@aa-oregon.org](mailto:delegate-alt@aa-oregon.org)) or call Gus P. (phone number is in the Area Roster) with the dates you are considering. We will select the final date together. A two-hour block of time is preferred but each GSR School can be customized to fit the District's needs.
- 5. Communicate with the Alternate Delegate to prepare for the event.**  
The Alternate Delegate may ask you for help with some of the minor details of the event, which may include helping out with some of the printing and gathering of pamphlets and other materials, (see items 8 and 9 below for more on printing) as well as exploring some room setup options for the Area provided digital projector and screen.
- 6. Provide the Alternate Delegate with the approximate number of members you anticipate will attend.**  
The expected attendance is important for your planning (selecting a large enough facility, providing coffee, refreshments, relevant documents, etc.) but also for the Alternate Delegate who may be bringing handout materials.
- 7. Discuss the District's ability to be self-supporting.**  
Reimbursing mileage (\$.35 per mile) for panelists coming from outside your District is one way your District can be fully self-supporting. If you are unable to do that, reimbursing actual gasoline expenses is also helpful. The Alternate Delegate will make every effort to bring any co-panelists in one car so that only one mileage and/or gasoline reimbursement is necessary. If, however, you ask for specific panelists who are not able to carpool with the Alternate Delegate, more than one expense may be incurred. You should calculate in advance how much your District can offer as reimbursement and provide that information to the Alternate Delegate. Oregon Area has no budget for the GSR Schools, but the Alternate Delegate has a budget which can be used when appropriate. If your District cannot be self-

supporting, don't let that stop you. We will always find a way to make GSR Schools happen for those who want them.

**8. Ask a trusted servant to make copies of the “Oregon Area 58 Guidelines” and the “GSR School Workbook” from the Area’s website.**

GSRs like to have these two documents available to them at a GSR School, and they are both available for download from the Area’s website ([www.aa-oregon.org](http://www.aa-oregon.org)). If you are unable to have these documents available for attendees, please let the Alternate Delegate know in advance.

**9. Discuss providing other materials appropriate to the GSR School.**

Are there other documents or AA pamphlets you think would be valuable to have on hand? The AA pamphlets about the GSR and DCM come to mind, but the illustrated pamphlets about the 12 Concepts and 12 Traditions are also very relevant. All can be purchased from your local Intergroup or central office and are available for download from GSO’s website ([www.aa.org](http://www.aa.org)).

**10. Once scheduled, post details about your GSR School on the Area’s website (events calendar) and on your District and Intergroup websites (if available).**

The Area Webmaster can help you place your GSR School on the calendar if you are unfamiliar with the process for adding an event.

**11. Print flyers and disseminate them to the groups in your District and in neighboring Districts.**

The more the merrier, so spread the word with enthusiasm, and as far and wide as possible. When you announce the event, if you are excited about it, others will get excited about it too. :-)

**12. HAVE FUN !!**

GSR Schools are not just for GSRs or potential GSRs. Hosting a GSR School, with or without another activity, is a way to fellowship with newcomers, old timers and everyone in between. The information provided by the panelists is relevant to all members, will enrich everyone’s sobriety, will broaden each attendee’s understanding of general service, and will provide the connection between our individual 12<sup>th</sup> Step work and being of service to AA.

Yours in love and service,  
Gus P., Alternate Delegate  
[delegate-alt@aa-oregon.org](mailto:delegate-alt@aa-oregon.org)