

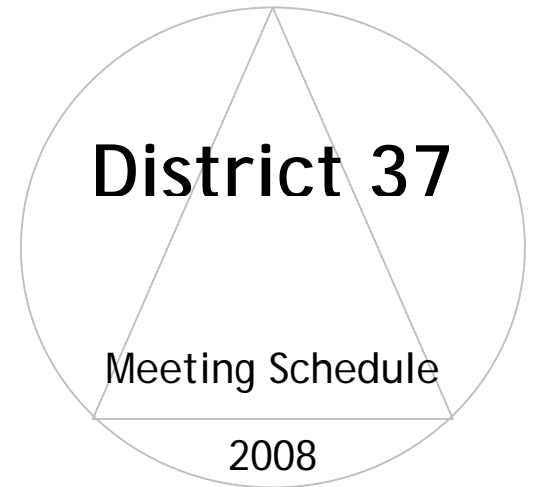
The Twelve Steps of Alcoholics Anonymous

1. We admitted we were powerless over alcohol - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and to practice these principles in all our affairs.

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Names and numbers to call for help:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____



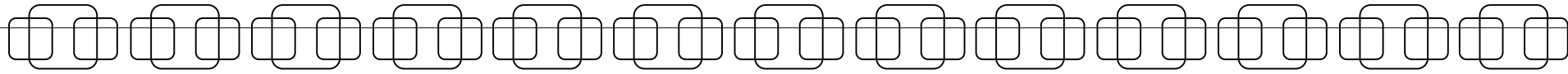
The Preamble of Alcoholics Anonymous

Alcoholics Anonymous® is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking.

There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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AA Hotline: 503-223-8569
AA Web site: www.pdxaa.com



District 37 Meetings

MONDAY

Wake-Up Call 7:00 AM
4985 Willamette Falls Dr, West Linn (Meeting Hall)
Tigard Tualatin Nooners (TTN) 12:00 PM
15800 SW Hall Blvd, Tigard
(Tigard Friends Community Church)
Step Into The Promises (Women's 12x12 mtg.) 7:00 PM
6750 SW Boeckman Rd, Wilsonville
(United Church of Christ)
Grapevine Group 7:00 PM
1683 Willamette Falls Dr, West Linn
(Willamette Methodist Church)
Sobriety & Beyond 7:30 PM
Charbonneau Exit I-5, Wilsonville (St Francis Episcopal)
Sherwood Big Book Study Group 8:00 PM
16775 SW Sherwood, Sherwood
(First Light Community Church)

TUESDAY

Wake-Up Call 7:00 AM
4985 Willamette Falls Dr, West Linn (Meeting Hall)
District 37 Business Meeting 6:30 PM
Weslynn Willamette Church
29775 Southwest Town Center Loop East, Wilsonville, OR
(This meeting is held the 2nd Tuesday of the month.)

WEDNESDAY

Wake-Up Call 7:00 AM
4985 Willamette Falls Dr, West Linn (Meeting Hall)
Tigard Tualatin Nooners (TTN) 12:00 PM
15800 SW Hall Blvd (Tigard Friends Community Church)
Wilsonville At Noon 12:00 PM
6750 SW Boeckman Rd, Wilsonville (United Church of Christ)
I Am 7:30 PM
Charbonneau Exit I-5, Wilsonville (St Francis Episcopal)
Young At Heart 8:00 PM
21907 SW Sherwood Blvd, Sherwood (Senior Center)

THURSDAY

Wake-Up Call 7:00 AM
4985 Willamette Falls Dr, West Linn (Meeting Hall)
Wisdom In The Steps (WITS) 12:00 PM
15800 SW Hall Blvd, Tigard
(Tigard Community Friends Church)
Meeting Among Meetings 7:00 PM
6750 SW Boeckman Rd, Wilsonville
(United Church of Christ)
Willamette Group 7:30 PM
1683 SW Willamette Falls Dr, West Linn
(Willamette Methodist Church)
Sherwood Men's 8:00 PM
950 S Sherwood Blvd, Sherwood
(Sherwood Friends Community Church)

FRIDAY

Wake-Up Call 7:00 AM
4985 Willamette Falls Dr, West Linn (Meeting Hall)
Tigard Tualatin Nooners (TTN) 12:00 PM
15800 SW Hall Blvd, Tigard
(Tigard Friends Community Church)
Friday Steppers - Women 12:00 PM
20200 SW Martinazzi, Tualatin (Methodist Church)
Care Group (Frog Pond) 8:00 PM
6750 SW Boeckman Rd, Wilsonville
(United Church of Christ)
JAM (Just A Meeting) 7:00 PM
12060 SW Stafford Rd, Tualatin (Church of Resurrection)
We're Doing It 8:00 PM
8740 SW Sagert St, Tualatin (Living Savior Lutheran)

SATURDAY

Wake-Up Call 7:00 AM
4985 Willamette Falls Dr, West Linn (Meeting Hall)
Willamette Group - Step Study 9:00 AM
1683 SW Willamette Falls Dr, West Linn
(Willamette Methodist Church)
Dive Into It 9:30 AM
5th & Fir St, Wilsonville (St Cyril Catholic Church)

SUNDAY

Wake-Up Call 7:00 AM
4985 Willamette Falls Dr, West Linn (Meeting Hall)
Care Group (Frog Pond) 7:30 PM
6750 SW Boeckman Rd, Wilsonville
(United Church of Christ)
Who Me? Education Bldg. of the Meridian Park Hospital,
Tualatin, OR 7:30 PM

**“God grant me the serenity to
accept the things I cannot
change, courage to change the
things I can and wisdom to know
the difference.”**

Our district address is:
**District 37
PO Box 2351
Wilsonville, OR 97070**

Our district business meeting is held
the 2nd Tuesday of the month at the
Wilsonville Lamb's Thriftway, 6:30pm.